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ROYAL HUMANE SOCIETY, ESTABLISHED  
1774.

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POCKET COMPANION, PUBLISHED, 1807.

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"Ours is the joy, the heartfelt joy, to save  
Friend, lover, parent, from the untimely grave;  
To snatch from death the victim of despair,  
And give the means of penitence, and pray'r."

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AQUATIC SUFFOCATION, &c.....REWARDS PAID, 6137—

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PROVIDENTIALLY RESTORED TO LIFE, TO THEIR  
FAMILIES, AND TO THE STATE....3489.

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FIFTEEN THOUSAND CLAIMANTS HAVE BEEN REWARDED  
FOR THEIR ACTIVE AND PROMPT EXERTIONS.

## PREVENTION OF DEATH.

### CAUTIONS.

- I.—NEVER TO BE HELD UP  
BY THE FEET.
- II.—NOT TO BE ROLLED ON CASKS,  
OR OTHER ROUGH USAGE.
- III.—AVOID THE USE OF SALT  
IN ALL CASES OF APPARENT DEATH.\*

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### RESTORATION OF LIFE.

WHAT THOU DOEST—DO QUICKLY.

#### THE DROWNED.

- 1.—Convey carefully the body, with the head raised,  
to the nearest convenient house.
  - 2.—Strip, and dry the body ;—Clean the mouth and nostrils.
  - 3.—YOUNG CHILDREN between two persons in a warm bed.
  - 4.—AN ADULT.—Lay the body on a blanket or bed, in a  
warm chamber, in Winter :—  
To be exposed to the sun in Summer.
  - 5.—It is to be gently rubbed with *flannel*, sprinkled  
with spirits ;—*a heated warming pan*, covered,  
lightly moved over the back and spine.
  - 6.—To RESTORE BREATHING,—Introduce the pipe of a pair  
of bellows (when no apparatus) into *one* nostril; by the *other*  
with the mouth closed, *inflate the lungs*, till the breast  
be a little raised; the mouth and nostrils must then be let  
free :—repeat the process till LIFE appears.
  - 7.—TOBACCO-SMOKE is to be thrown gently into the  
fundament, with a proper instrument,—or the bowl of a  
pipe covered, so as to defend the mouth of the assistant.
  - 8.—THE BREAST to be fomented with *hot spirits*,—if no signs  
of life appear, the WARM BATH :—or *hot bricks*, &c.  
applied to the palms of the hands, and soles of the feet.
  - 9.—ELECTRICITY *early employed* by a MEDICAL ASSISTANT.
- \* WARM FLANNEL *lightly sprinkled with spirits*

#### INTENSE COLD.

Rub the body with *snow, ice, or cold water*.—Restore warmth  
&c. by slow degrees, and, after some time, if necessary, the  
plans to be employed for the resuscitation of drowned persons.

### SUSPENSION BY THE CORD.

1.—A FEW OUNCES OF BLOOD may be taken from the jugular vein, and Cupping-Glasses may be applied to the head and neck; Leeches also to the temples.

2.—THE OTHER METHODS OF TREATMENT, the same as recommended for the apparently drowned.

### SUFFOCATION BY NOXIOUS VAPOURS OR LIGHTNING.

COLD WATER to be repeatedly thrown upon the face. &c. drying the body at intervals.—If THE BODY FEELS COLD, employ gradual warmth; and the plans of the drowned.

### INTOXICATION.

THE BODY is to be laid on a bed, &c. with the head a little raised: the neckcloth, &c. removed.—Obtain immediately MEDICAL ASSISTANCE, as the mode of treatment must be varied according to the state of the patient.

1.—ON SIGNS OF RETURNING LIFE, a tea-spoonful of warm water may be given;—and, if swallowed and returned, warm wine or diluted brandy.—to be put into a warm bed, and if disposed to sleep, will generally awake restore to health.

2.—THE PLANS above recommended are to be used for 3 or 4 hours. It is an absurd and vulgar opinion to suppose persons irrecoverable because life does not soon make its appearance.

3.—Electricity and Bleeding never to be employed, unless by the direction of the MEDICAL ASSISTANTS.

### IF THE RESUSCITATIVE PROCESS,

BE IMMEDIATELY EMPLOYED,

AN IMMENSE NUMBER OF LIVES

WILL BE RESTORED.

OCCIDIT, QUI NON SERVAT.

DR. ARMSTRONG IS THUS DESCRIPTIVE OF THE RETURN TO LIFE.

.....“While the vital fire  
Burns feebly, heap not the green fuel on;  
But prudently foment the wandering spark,  
With what the soonest feels its kindred touch;  
Be frugal ev'n of that, a little give  
At first, that kindled, add a little more,  
Till by deliberate nourishing the flame  
Reviv'd, with all its wonted vigour glows.”

## THE RESUSCITATION PLANS.

May be extended to Opulent as well as Indigent.  
The ANNUAL REPORTS, have recorded many Instances  
of the former having been restored to life, viz.

Cap. Riga—W. T. Esq.

Miss Blunt—Miss Barrow—Miss Lambton

Rev. Mr. Crawford's Son—Master Kinnard—

Mr. Russel—Miss Smith—Master Baldock

Mrs. Wilkins—Mrs. Jarnis—Mrs. Bloxham—

Master Smith—and Miss H\*\*\*\*, &c.

THE HON. JOHN BROOKS observes;—The Reanimation  
of Bodies *apparently dead*, is one of the most interesting  
discoveries of modern times, and the success which has attended  
the Process has been truly surprising—The subject has  
awakened the attention and commanded the exertions of the  
Learned and Philanthropic, in every almost civilized nation.

## REFLECTIONS.

1.—This Institution has dried up the abundant source of  
destruction to Human Life.

2.—An additional province to Medical Science, and en-  
larged the boundaries of its exertions.

3.—The Humane Society has promoted in all ranks of the  
people, an ardent spirit of Benevolence and Philanthropy.